**SEMI-PERMANENT MAKEUP AFTER CARE INSTRUCTIONS**

1. Clean the treatment area on the night of the procedure and daily thereafter. You may use ice to help with any swelling one you get home for the first night. Apply a thin layer of after-care balm, AD&E ointment or coconut oil to the treatment area twice daily (once if you have oily skin), being careful not to over saturate. A thin layer is all you need.

2. Besides gently cleansing the procedure area daily, keep water off of your procedure for the next 5 days. That includes sweating, saunas and hot showers.

3. Do not use any face creams, exfoliators, or harsh cleansers on your procedure during the healing process.

4.Normal activity can be resumed immediately, but no heavy exercise for at least a week.

5. Your procedure will begin to oxidize immediately. This causes the pigment to become darker. Do not be alarmed, this dark cold will pass during the next few days.

6. Do not pick any scabs or dry areas that may form during the healing process. This may cause you to lose color or damage your skin. Instead, apply some of the after-care your technician gave you after the procedure.

7. Other fading or loss of pigment may occur. Some flaking off of the pigment is normal on some skin types. The pigment may sometimes disappear only to reappear a few days or weeks later. Any pigment loss will be recovered at touch up.